

Humanitarian Project

Institution "Koptsevichi Psychoneurological Residential Facility for the Elderly and Disabled"

1. Project name: "Be healthy!"	
2. Project implementation period: 2024–2025	
3. Project promoter: Institution "Koptsevichi Psychoneurological Residential Facility for the Elderly and Disabled"	
4. Project goals: to improve the activity of residents, to protect their health, extend active longevity, improve the quality of life, promote a healthy lifestyle.	
5. Project objectives to be achieved: <ul style="list-style-type: none">- mastering sets of exercises that have a favourable effect on the state of health;- improving the functional capabilities of the residents according to their age, nature of disability, and disease features;- developing physical qualities and mastering vital motor skills and abilities;- developing an interest in regular physical activity and sports	
6. Target group: facility residents	
7. Summary of project activities: <ul style="list-style-type: none">- equipment of a ground and a shelter with a polycarbonate roof for outdoor exercise equipment;- installation of 10 fitness machines;	
8. Total financing (in US dollars) 8,000	
Source of financing	Amount of financing (in US dollars)
Donor funds	8,000
Co-financing	
9. Project location: Gomel region, Petrikovsky district, rural settlement Koptsevichi, Lenina St., 34.	
10. Contact person: Nikolay Nikolayevich Zhitkovets, Director of the residential facility, phone: (02350)92478 e-mail: kopcevichi.di@post.gomel.by	