

**Humanitarian project**  
**State institution "Kobrin territorial center of social service of the population"**

1. Project name: "Playground for the elderly and people with disabilities".

2. Brief description of the proposed project:

The purpose of the project: To create a sports and playground for the elderly and people with disabilities, the purpose of which is to organize leisure, development, improvement of physical and mental qualities, introduction to a healthy lifestyle.

Project objectives:

- arrangement of a sports and playground for people with disabilities, the elderly and persons who have temporarily lost motor activity;
- create a recreation area and play space for people with mental disabilities;
- create an accessible infrastructure (drinking water, toilets, shade gazebos for recreation, a bike rack, game and sports modules, a soft surface, benches, trash cans, fences);
- organize events aimed at activating the activities of elderly people and people with disabilities;
- preservation and extension of social activity of people with disabilities;
- support for active longevity of older age groups;
- providing a comfortable recreational.

Sustainability of the project:

The benefits of the project are enormous. With the help of this platform, we will achieve an improvement in the quality of life of older people, people with disabilities, and do not forget about ordinary citizens who have temporarily lost motor activity, and who also need rehabilitation (fractures of various limbs). We will be able to maintain a positive attitude to life, improve our emotional mood and general well-being, and be able to overcome various kinds of complexes in these categories of citizens. The positive effect of the classes will affect the improvement of the work of the heart and lungs, we will help to relieve neuropsychiatric stress, improve the work of the musculoskeletal system. In the recreation area and play space for people with mental disabilities, the main task is social adaptation, the formation of communication skills.

The territory of the site should be equipped with fences for the safe stay of these categories of citizens.

The site will be open all year round.

The introduction of such sports and playgrounds will allow territorial centers to expand the scope of social services provided. This direction will allow organizing new clubs and sections, will contribute to the implementation of various activities, as well as it will help attract new recipients of social services to territorial centers.

This project can be financed from sources not prohibited in the Republic of Belarus.

3. The project is under development.
4. Presentation of the project in the form of a booklet (attached).
5. Author of the project: Dmitry Chaplyun, head of the circle of the Department of Social Rehabilitation, habilitation of disabled people and day care for elderly citizens., tel. +375298205480.

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